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## Episode 8: How To Tell If You Have Bad Breath\_008

Hello everyone. You are listening to a very special episode of This Old Tooth where I am going to tell you today very quickly how you can tell if you have bad breath, and of course, you could always ask your friends, but that could be embarrassing. AND, a big shout out to Kesha from Washington DC for asking the question. If you want to find out quickly whether you have bad breath or not, take a teaspoon, rub it across the surface of your tongue and smell it. If it smells bad, that is what your breath smells like. Give it a try and don't forget. If you have a dental question, don't hesitate to ask me. Go to your dental question.com and fill out the form. I'll see you Thursday when I continue my series on bad breath in my podcast, This Old Tooth. Thank you for listening.

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