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## Episode 11: Can a Toothache be a Symptom of a Heart Attack?\_011

Hello everyone. You are listening to a special episode of this old tooth. I received an email today from Manny in Florida who asked the question, can a toothache be a symptom of a heart attack I felt that the answer to this question was so important that I decided just to get on air and share it with everybody. While the symptoms of a heart attack are usually described as pain in the chest, it is very possible that this pain or pressure can spread to your throat or your jaw. This clearly can be assigned that you are having a heart attack and it is not to be taken lightly. While the pain of a heart attack is often described as something that will radiate down your left arm, the pain or the pressure can actually spread down both arms and then go to the jaw or the head or even to your back.

Please note it is possible to have these types of pain without chest pain during a heart attack. It is also important to understand that sometimes this pain is subtle and is described as numbness or tingling either in the jaw or actually even in an individual tooth. It is imperative that you seek medical attention to make sure everything is all right if you have any of these types of symptoms and just to review other symptoms of a heart attack. Could be chest discomfort, nausea indigestion, heartburn, stomach pain, dizziness or lightheadedness, exhaustion and shortness of breath or difficulty breathing. Understanding these symptoms and seeking immediate care can save your life or the life of your loved ones. It's always better to be safe than sorry. If you have a question about your dental health, please go to your dental question.com and even if I don't answer it on the air, I will be happy to send you a response. My regular episode will come out on Thursday and I will discuss whether or not you should squelch about and what it can do to your teeth as well as your breath. Now that is an episode you don't want to miss. So until then, thank you for listening and remember, be true to your teeth or they will be false to you.

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